

SUNDAY MORNING HEALTH CORNER

Stand Together for African Americans Living with Multiple Myeloma

Multiple myeloma is the most common form of blood cancer among African Americans

- **What is multiple myeloma?** Multiple myeloma (pronounced my-uh-lohmuh) is a type of cancer that affects the blood and bones
- **Who gets multiple myeloma?** Multiple myeloma (MM) affects many races, but tends to be more common among African Americans
- **How much more common?** MM is about 2 times more common in African Americans than in white Americans
- **Is it considered rare?** Yes. It is estimated that fewer than 6000 African Americans will be diagnosed with MM this year
- **When are people usually diagnosed?** On average, African Americans are diagnosed at the age of 66. That's 5 years younger than the average white American diagnosed with MM
- **Does MM affect African Americans differently?** Some studies suggest that the type of multiple myeloma that affects African Americans tends to be less aggressive with a better prognosis. However, it's still important that patients seek the proper care
- **What can I do about it?** Together, we can get the word out and help improve the care of African Americans living with MM

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