

SUNDAY MORNING

Health Corner

Breast Cancer Awareness Month

October is Breast Cancer Awareness

Month, a time to emphasize the critical importance of regular screenings and early detection, especially for African American women.

When breast cancer is found in its early stages, the **5-year survival rate is 99%**, according to the American Cancer Society. Early detection allows for more treatment options and can prevent the cancer from spreading, which significantly increases survival rates.

However, African American women are more likely to be diagnosed at **later stages**, have more **aggressive** forms of the disease, and are at a **higher risk** of death from breast cancer compared to women of other racial groups. This makes regular screenings even more crucial for African American women.

If you have a family history of breast cancer, talk to your doctor about starting screenings earlier.

Stay empowered. Stay informed. Your health matters.



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