

SUNDAY MORNING Health Corner

Prostate Cancer Awareness: What Every Man Should Know

Prostate cancer is one of the most common cancers among men, and African American men are at a significantly higher risk of developing and dying from the disease.

Detecting prostate cancer early can make all the difference. African American men are encouraged to begin regular screenings at age 45, or earlier if there's a family history of prostate cancer.

Treatment Options

Thanks to medical advancements, prostate cancer treatment options have expanded, offering various approaches to managing and treating the disease:

- **Active Surveillance:** Regular monitoring for slow-growing cancers.
- **Surgery & Radiation Therapy:** Effective treatments that target cancer cells.
- **Hormone Therapy & Chemotherapy:** Often used when cancer is more advanced to slow or stop the growth of cancer cells.

Early screening saves lives, and raising awareness is key. Let's support each other in building healthier futures for our families and communities.



THE
BALM 
IN
GILEAD 
INC.

www.balmingilead.org