SUNDAY MORNING Health Corner

Understanding Reproductive Health

We reflect on the importance of reproductive health, support and the alarming statistics. African American women are three to four times more likely to die from pregnancy-related complications than white women.

These statistics highlight the urgent need to address the **systemic barriers** to quality healthcare, including access to prenatal care, racial bias in the healthcare system, and **socioeconomic** factors that contribute to maternal mortality rates.

We can help reduce the disparities in **maternal health** and ensure that every woman, regardless of race or background, has the resources and care she needs.

We all must:

- Educate ourselves
- Raise awareness
- Providing support

Together, through faith and action, we can protect and uplift the health of Black women, families, and communities.

